

Alzheimer Society

WATERLOO WELLINGTON



COPIING WITH STRESS AND GRIEF VIA OTN VIDEO CONFERENCING

This care partner support group will focus on understanding and learning to live with grief and loss throughout the dementia journey. Strategies for maintaining meaningful connection with the persons living with dementia throughout the journey will be discussed.

Recommended reading prior to the group:
Loving Someone who has Dementia by Pauline Boss

For information and registration, contact an Alzheimer Society social worker at 519-836-7672 ext. 2090.

Fall 2018

Mondays: 10am - 12pm

November 26 to December 17

Cambridge

Langs Community Health Centre
(1145 Concession Rd)

Guelph

St. Joseph's Health Centre
(100 Westmount Rd, main floor - Room 2-517)

Mount Forest

Mount Forest Family Health Team
(525 Dublin St.)

Palmerston

Minto-Mapleton FHT,
Minto Rural Health Centre
(450 Whites Rd)

Elora

Dalby Building,
Upper Grand Family Health Team
(143 Metcalfe Street, Elora, ON)

Erin

East Wellington Family Health Team
(6 Thompson Crescent, Unit 1)

